



**PARENT
COMPANION**
FIRST FIVE YEARS



Raising a child diagnosed with a disability can be overwhelming.

You are not alone.

The Parent Companion - First Five Years is a website that connects Texas parents of children from birth through 5 years of age to information, inspiration, and resources.

The site is intended as a guide through the complex world of services and everyday scenarios you encounter when raising a young child with a disability.

**Find what you need when you
need it.**

¡Disponible en español!

www.parentcompanion.org