

HINTS FOR WRITING

MEASURABLE GOALS & OBJECTIVES

USE DOING WORDS

Write	Touch	Sort	Smile
Draw	Walk	Sing	Add
List	Sign	Underline	Paint
Perform	Pick up	Point to	Type
Circle	Removes	State	Copies

AVOID SLIPPERY WORDS

Identify	Appreciate	Grasp/really understand	Apply
Know	Recognize	Value	Tolerate
Understand	Communicate	Solve	
Enjoy	Be able to		

Observable and **measurable** skills demonstrated by the child are targeted skills that describe something which **can be seen** or **heard** by an observer.

Behaviors have a **beginning** and an **end**.

EXAMPLES OF OBSERVABLE AND MEASURABLE BEHAVIORS INCLUDE

Looks	Names	Gives	Cuts
Puts on	Takes Off	Zips	Jumps
Pours	Copies	Selects	Places
Counts	Walks	Remains	Answers
Initiates	Seeks	Maintains	Reaches
Groups	Complete	Classify	Locates

NON-EXAMPLES INCLUDE

Increases	Understands	Believes	Comprehends
Realizes	Demonstrates	Knows	Tries

Gray Examples include

Manipulates (describe how they manipulate)

Participates (describe how they participate)

Uses (describe how they use)

OBSERVABLE

Imitates gross motor motions during songs
 Turns to speaker within 3-5 sec. of name being called
 Dressing one's self
 Picks desired toy from group of 2 by pointing
 Pointing, drawing, writing, etc

NON-OBSERVABLE

Enjoys circle time
 Understands name
 Becoming independent
 Plays with toys appropriately
 Improving, feeling, knowing